

Checkups for Newborns to Age 21

Early and Periodic Screening, Diagnostic, and Treatment Services (EPSDT)

What You Should Know

Early and Periodic Screening, Diagnostic, and Treatment Services (EPSDT) is a comprehensive and preventive child health program for individuals under the age of 21. In DC, we call this “HealthCheck.”

EPSDT/ HealthCheck includes periodic screening, vision, dental and hearing services. These check-ups can help find health problems before they get worse, and help prevent future health problems. You can get check-ups from your doctor by making an appointment. It’s important that your child should have a complete physical examination at the ages listed to the right.

Infancy	Early Childhood	Late Childhood/ Teen/Young Adult
1 Month	15 Months	Annually (each year) from ages 5 years through 20 years
2 Months	18 Months	
4 Months	24 Months	
6 Months	30 months	
9 Months	3 Years	
12 Months	4 Years	

Recommended Schedule of Immunizations (Shots)

Age	Immunization
Birth	HepB #1
2 Months	HepB#2, DTaP#1, RV#1, Hib#1, PCV#@1, IPV#1
4 Months	DTaP#2, RV#2, Hib#2, PCV#2, IPV#2
6 Months	HepB#3, Hib#3, DTaP#3, RV#3, PCV#3, IPV#3
12 Months	HiB#4, MMR#1, Varicella#1, PCV#4, HepA#1
15 Months	Varicella #2
18 Months	Hep A#2
4 Years-6 Years	DTaP, MMR, IPV
13 Years or older	Varicella
11 Years-12 Years	HPV, MCV4
13 Years-18 Years	Tdap, HPV
18 Years or younger	MCV4
Every Year	Beginning at 6 months, Seasonal Influenza (“flu”) vaccine as recommended each year

Your plan includes important free shots to help prevent many serious diseases.

This schedule shows the earliest ages for shots. Your doctor’s schedule may be a little different, and that’s okay.

Always bring your Medicaid and CareFirst CHPDC cards to each doctor visit.

If you need to help with appointments, call Enrollee Services at (855) 326-4831