

January 2021 Event Calendar

CareFirst BlueCross BlueShield Community Health Plan District of Columbia (CareFirst CHPDC) encourages you to join our virtual or in-person events in January.



For more information, visit carefirstchpdc.com/members or call the Office of Marketing.

CareFirst BlueCross BlueShield Community Health Plan District of Columbia (CareFirst CHPDC) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

CareFirst BlueCross BlueShield Community Health Plan District of Columbia is an independent licensee of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

Join our virtual classes on Zoom!

CareFirst CHPDC Fitness Class

Every Saturday from
11 a.m.–noon

Meeting ID: 917 9332 6466
Passcode: 803919

CareFirst CHPDC Healthy Beginnings

Every Thursday from
11 a.m.–1 p.m.

Meeting ID: 983 6562 6507
Password: 793588

CareFirst CHPDC Nutrition Class

Every Friday from
11 a.m.–1 p.m.

Meeting ID: 983 7339 7075
Password: 214350

Empowering Youth

Every Monday, Wednesday,
Friday from 5 p.m.–7 p.m.

Meeting ID: 856 6193 2587

Money & Credit Management

Every Tuesday from
12:30 p.m.–2 p.m.

Meeting ID: 990 8143 3545
Password: 671727

Virtual ESL

Every Tuesday from
10 a.m.–noon

Meeting ID: 976 8171 9498
Password: 058995

Workforce Development & Job Training

Every Thursday from
2 p.m.–4 p.m.

Meeting ID: 990 8143 3545
Password: 671727

District Urgent Care Clinic Day

Thursday, January 7
Thursday, January 21
from 11 a.m.–4 p.m.

4903 Georgia Ave., NW
Washington, DC 20011

Mammogram Clinic Day

Tuesday, January 12 from
9 a.m.–4 p.m.

CFDC Health & Wellness Center
(Parking Lot)
7059 Blair Road NW
Washington, DC 20012

Virtual New Enrollee Orientation

Saturday, January 23 from
11 a.m.–1 p.m.

Meeting ID: 942 7447 1534
Password: 728116

CareFirst BlueCross BlueShield Community Health Plan District of Columbia (CareFirst CHPDC) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

English:

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call (202) 821-1100 or (855) 326-4831 (TTY: 711).

Español (Spanish):

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (202) 821-1100 or (855) 326-4831 (TTY: 711).

አማርኛ (Amharic):

ማስታወሻ፤ የሚናገሩት ቋንቋ አማርኛ ከሆነ የቋንቋ ትብብር አገልግሎቶችን በነጻ ያገኛሉ። ወደ (202) 821-1100 ወይም (855) 326-4832 (መስማትና መናገር ለተሳናቸው፤ 711) ይደውሉ።

Français (French):

ATTENTION: Si vous parlez français, des services d'aide linguistique-vous sont proposés gratuitement. Appelez le (202) 821-1100 or (855) 326-4831 (ATS: 711).

繁體中文 (Chinese):

注意：如果您使用繁體中文，您可以免費獲得語言援助服務 (202) 821-1100 or (855) 326-4831 (TTY: 711).

Tiếng Việt (Vietnamese):

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số (202) 821-1100 or (855) 326-4831 (TTY: 711).

Русский (Russian):

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните (202) 821-1100 or (855) 326-4831 (телетайп: 711).